

Therapeutic Massage for Cancer Patients

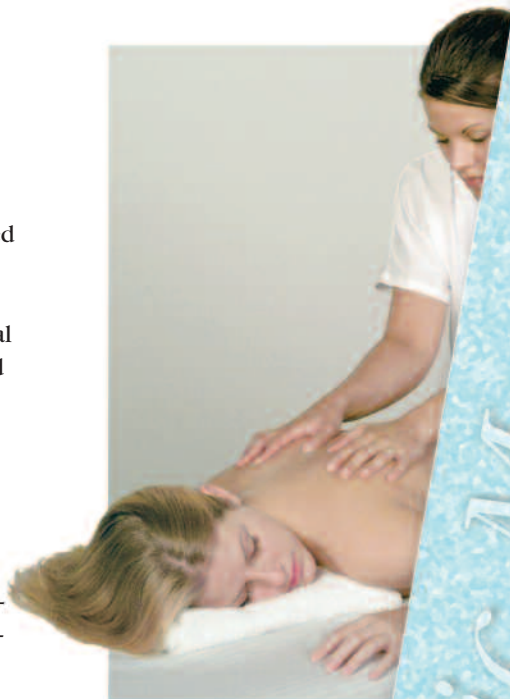
Cancer patients at almost every stage of their experience are finding comfort at the hands of skilled massage therapists. In addition to the general health benefits of a good massage, cancer patients have reported relief from a number of the physical, mental and emotional discomforts related to the disease and its treatment.

Specifically, massage may decrease symptoms related to radiation and chemotherapy, increase the effectiveness of some cancer treatments, strengthen the immune system, and reduce the need for pain medication. Massage stimulates faster wound healing, and can address problems related to surgery like adhesions, scarring, edema and lymphedema. Massage contributes to emotional well-being by helping to reduce stress and anxiety, and providing pleasant social interaction. It can empower patients to participate in the healing process, and help rebuild hope.

Quality of Life

Today cancer is more often considered a chronic illness than a terminal one. Early detection and more effective treatments mean that many patients are living longer with active cancer, as well as with cancer in remission. In addition to curing the disease, improving the quality of life has emerged as an important goal of cancer treatment.

Nevertheless, being diagnosed with cancer can be devastating to body, mind, and spirit. In addition to dealing with the physical aspects of the disease and its treatment, cancer patients often feel helpless, alone, and betrayed by their own bodies. The emotional side effects of the disease can be as painful as the cancer itself, and may even interfere with the body's healing process.



Complementary therapies
standard cancer treatment
patients and their quality
suggest that cancer has
beneficial for people de

Benefits for Cancer Patients

Because massage therapy
and spirit, it has been
working a better quality
many of the benefits
to strengthen and im

- General Benefits
Benefits include:
- Reduces stress
 - Improves sleep
 - Strengthens immune system
 - Promotes pain relief
 - Boosts energy

Therapeutic Massage

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